



The Roundup

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The Roundup

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Wednesday, September 28, 2011

Volume 37 • Number 32



Women in Agriculture: The Unsung Heroes of the Farm

The Roundup is holding a photo contest to celebrate Harvest Festival 2011. Weather it's in the field or in the kitchen, women play an essential role in agriculture. Send in photos of your great grandmother homesteading or pictures from this year's harvest. We want to see them all! Top prize is two 2012 Richland County Fair packages including fair buttons, tickets to the rodeo and concert. Send your photos to PO Box 1207, Sidney, MT 59270 or drop them off at our office at 111 West Main. To be eligible the photos must be emailed or printed on photo quality paper, at least 4" x 6" in size at 300 dpi, fit the theme and include name, contact info and a description of the photo. Email photos and other required information to photos@esidney.com. Entries must be received by Oct. 14, 2011. Pictured is Jessica Kostelecky and her daughter Tana getting ready to compete in the orphan animal dress up contest at the 2011 Richland Co. Fair.

Rindahl Benefit Set For Oct. 8

Friends and neighbors of Gary and Travis Rindahl are putting on a benefit Oct. 8 at the Richland County Fair Event Center to help defray medical and travel costs for the family.

Gary was diagnosed with stage 3 squamous cell carcinoma on Jan. 5. He had been in the Sidney hospital for pneumonia when they discovered the mass in his lung. It is in the left bronchia tube attached to his aorta so surgery is out of the question. He has undergone a series of radiation and chemo treatments in Billings and was in and out of the hospital many times from February until May. Ultimately he had to discontinue the chemo treatments as he could not tolerate them anymore. He was able to return home in late May but is still battling respiratory problems and cancer.

Gary's son, Travis, was in a terrible auto accident on the morning of July 5. He had many injuries, some more serious than others. He sustained a compression fracture to the T-11 vertebrae, broken ribs on both sides, both lungs had collapsed, broken/fractured pelvis in several places, a fractured ankle and

some deep lacerations. He was flown to Billings and spent three weeks in the hospital there and endured several surgeries. He came home July 29 and was confined to a wheelchair while he healed. He recently was given the good news that he can start getting up and walking some. He has a long recovery ahead still and many medical expenses.

The benefit at the Richland County Fair Event Center begins at 5 p.m. with roast beef, pulled pork, potatoes and salads to be served as a free will offering. There will be a silent auction from 5-7 p.m. and a live auction starting at 7:30 p.m. After the auction there will be a dance with DJ Jeff Nelson.

If you would like to donate an item for auction you may call the following people and they will pick up items, Rhonda Pennington, 701-565-2259; Diane Sult, 406-488-7857, Crystal Hatter, 701-565-2254, and Nancy Severson, 701-481-3249. If you cannot donate an item please feel free to attend the supper and bid on the auction items or contribute to the free will offering. Matching funds have been applied for through Thrivent Financial.

Sidney Wrestling Club To Hold 6th Annual Fundraising Raffle & Dinner

The Sidney Wrestling Club will be hosting their 6th Annual Fundraising Raffle and Dinner Saturday, Oct. 1 at the Ranger Lounge.

The cost is \$30 per ticket which is good for dinner for two with chicken fried steak and fried chicken and gives you 26 chances to win cash prizes with

the grand prize of \$1500.

There will be lots of other silent auction and live auction items and great door prizes too.

Waiters and waitresses for the evening will be wrestling parents and wrestling alumni.

A Long Walk With My Mom

Learning To Cope With Dementia & Alzheimer's

By Lois Kerr

Anyone who has ever watched dementia or Alzheimer's destroy a loved one knows the heartbreak this disease brings to families. In an effort to deal with dementia and to pass along what she learned while coping with her mother who developed Alzheimer's disease, Kim Syth, Fairview, has written a book, *A Long Walk with my Mom*. This book, written from notes made during the time Syth helped care for her mother, contains a personal viewpoint of dementia, lessons learned, and how family members learned to cope and deal with this disease.

"I'm not a writer and I never expected to write a book, but I did, and I did it for my Mom," Syth remarks. "It is a small book, but I hope it helps others."

She continues, "Alzheimer's and dementia are like cancer once was – the unspoken. This book is about my journey with my mom through dementia and Alzheimer's disease; the good, the sad and the ugly. So many families are going through this hurting and they need to know they are not alone. Faith, family and friends help you through tough times and I thought that we need information out there that families coping with dementia and Alzheimer's are not alone."

Syth learned many lessons during her journey, lessons she shares in her book. "I learned a lot," Syth comments. "For instance, keep a normal routine. A normal routine makes life easier for everyone. My mom got meals on wheels, then I'd go see her and we'd go to the post office, then come home and have an early lunch. If you can, keep a normal routine every day."

She continues, "When a person has Alzheimer's, he or

she does much better in a one-on-one situation. It isn't good to go to large events because when in large groups, things tend to become garbled for the Alzheimer's patient and he or she does not understand what's going on."

Syth emphasizes the need to get one's personal finances squared away prior to the onset of dementia. "Have affairs in order before this happens," she says. "Once a person can no longer make decisions, it is too late."

In her book, Syth also outlines the small quirks of her mother's that the family noticed and how the disease affected the entire family, not just her mom. "Every situation is different," Syth notes. "People with Alzheimer's may become afraid of the person in the mirror, or maybe they don't want to be touched."

Syth also discusses the needs of the care giver. "One chapter is about helping others," she comments. "It is important as a care giver to help yourself. Don't make promises you can't keep and find someone that you can talk to, cry with, and who will let you vent."

Syth offers sound advice to others going through the



process of watching a loved one suffer with Alzheimer's disease. "Take one day at a time, have faith, appreciate the small things, and laugh often, because if you don't laugh, you'll be crying all the time," she remarks. "No one is perfect, but we do learn from our mistakes. Discover what works for you, take breaks, and don't be afraid to ask for help. Remember that even when your loved one no longer knows who you are, somewhere inside they are still your loved one."

She adds, "Life is not fair, but you can't look back, you can't change the past. However, you can work towards making a better future."

Syth strongly advocates support groups and the valuable assistance these groups provide. "People should join a support group because everyone there is taking the same journey," she says. "You are with others who are experiencing the same thing. Support groups are designed for caregivers, to give them help and support."

Syth will walk in the second annual Dementia/Alzheimer's walk scheduled for Sunday, Oct. 2 in Fairview. People can purchase her book during the walk event, or they can order books from Amazon.com or from Barnes and Noble.

A portion of what Syth earns from her book will go to the Sidney Extended Care Facility's Angel Avenue. "I will have books with me at the walk," Syth says. "If people buy my book directly from me, I can give more proceeds from the sale to Angel Avenue at the Extended Care Center. People who work at the Center are remarkable. They have a tough job, but they make people feel like family. I am so grateful we have a place like that here, where loved ones can go when they no longer can look after themselves."

Sidney Health Center Hosts Nursing Conference

Sidney Health Center hosted the MonDak All-Nursing Conference on Wednesday, Sept. 21 at the Richland County Fair Event Center, Sidney. More than 150 nurses from all over the MonDak region attended the conference. Educational topics presented were "Beyond Bandages and Home Remedies" by Carolyn Hammer, RN, WOCN; "The Power of a Good Night's Rest" by Rajohn Karanjai, MD, Internal Medicine; "Treating Cancer... One Size Does Not Fit All" by Jorge Nieva, MD, Oncology and Lyle Harrison, MD, Radiation Oncology; and "Common Symptoms with Uncommon Causes in Infants and Children" by George Scordalakes, MD, Pediatrician.

"We are excited to offer this opportunity to not only Sidney Health Center nursing staff, but also nurses from around the region," stated Nancy Dynneson, Sidney Health Center nursing administrator. "Often nurses need to travel long distances to attend required educational seminars. Being able to provide quality presentations locally allows nurses to save on travel time and costs." In addition to the educational seminars, attendees were given an opportunity to shop at the vendor fair set up in an adjacent room. Vendors ranged from gourmet foods to jewelry to home décor. Lunch was also provided. "We received positive feedback from those that attended and are extremely satisfied with the way things turned out," said Theresa Livers, Sidney Health Center Continuum of Care administrator.



Dr. Rajohn Karanjai answers a question at the nursing conference hosted by Sidney Health Center. More than 150 nurses from all over the MonDak region attended the seminar.

Attention Fairview Kids!

The Roundup, along with Fairview businesses is holding a sugar beet decorating contest in conjunction with Harvest Days. Decorated beets need to be dropped off at The Powder Keg between now and Tuesday, October 11. Prizes will be given to the top three in each of three age categories: five and under, 6 to 9 years and 10 to 12 years. Top prize in each age group is a \$20 gift certificate to the Powder Keg. Prizes will be awarded and pictures taken at 3:30 p.m. on Wednesday, October 12 at the Powder Keg.

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Moorglow Soft Gloss Trim Paint (096 Series) **\$49⁹⁹/gal.**

Moorguard Low Lustre House Paint (103 Series) **\$48⁰⁹/gal.**

Moorlife Flat Latex House Paint (105 Series) **\$37²⁹/gal.**

Benjamin Moore Super Spec Ext.
Latex Primer (169-00) **\$30²⁹/gal.**
Alkyd Primer (176-00) **\$41⁹⁹/gal.**

Benjamin Moore Deck & Siding Stain

Semi-Transparent Deck & Siding Alkyd Stain (328 Series) **\$38⁵⁹/gal.**

Latex Solid Deck Stain (065 Series) **\$37⁸⁹/gal.**

Alkyd Solid Siding Stain (080 Series) **\$44⁹⁹/gal.**

Semi Solid Alkyd Deck Stain (329 Series) **\$36⁹⁹/gal.**

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Harvest Days 2011

Attention Area Cooks...

Pull Out Your Tastiest Recipes & Enter Our "Make It With Sugar" Contest

Friday, October 21 • Reynold's Grocery, Sidney
Entries accepted from 9 a.m.-10 a.m.

ENTER IN ANY OR ALL CATEGORIES!
Cake • Cookies • Pies • Candy • Breads • Rolls • Other

Prizes will be given away for first place in all categories
Plus a People's Choice Award!
All entries receive a **FREE** Bag of Sugar

Over **\$500⁰⁰** In prizes!

"Make it With Sugar" Registration Blank

Name: _____
Address: _____
Phone: _____
Categories: (Check all that apply)
 Cake Cookies Pies Candy Other Breads & Rolls

Mail to: P.O. Box 1207, Sidney, MT 59270

Sponsored by:

The Roundup

111 W. Main St. • Sidney, MT • 406-433-3306

- Recipes must contain at least 1/2 cup granulated, brown or powdered sugar.
- Must be servable in tasting portions.
- Recipe must be included. Winning recipes will be published.
- Entries must be in disposable containers. Containers will not be returned.

LYREA Begins Annual Coat & Food Drive



In the spirit of observing Co-op Month, Lower Yellowstone Rural Electric Association will be holding its annual coat and food drive the month of October.

With the rising cost of food and necessities there is an overwhelming need for help. It's a great time of the year to clean out your closets and find any hats, gloves, scarves, mittens, boots and coats that you no longer have use for.

You can drop off any monetary donations, non-perishable food items or hy-

giene supplies such as laundry detergent, toothpaste, deodorant etc. to the LYREA office and they will deliver them to the Richland County Food Bank.

All coats and other outerwear will be donated to the Salvation Army in Sidney. LYREA would like to thank you in advance for each and every donation.

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Robert & Patricia Johannsen
along with
Larry & Maureen Laqua
request your presence at
the marriage of their children

Jackie Johannsen

&

Ryan Laqua

Saturday, Oct. 1, 2011

4 p.m. (cst)

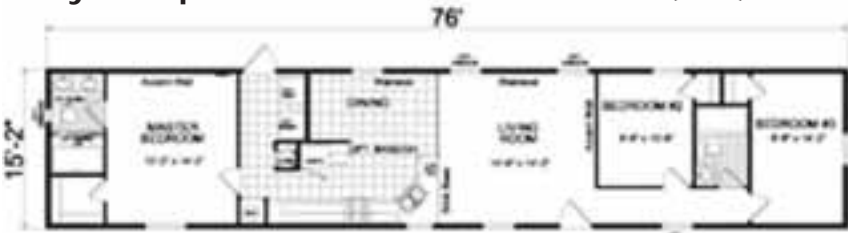
New Hope Wesleyan Church, Williston, ND
Reception to follow at Upper Missouri Valley Fairgrounds, Williston,
immediately following ceremony.

All family & friends are invited to attend
An Open House will be held Saturday, Nov. 12, 6 p.m.
at the Sidney Elks Lodge, Sidney, MT

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Appointments Now!

We will be devoting our
time to JB Sprinklers with
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Systems & Hydro Seeding.



JB SPRINKLERS

STAND 4 YOUTH Website Open House

Stand 4 Youth is an online resource with a goal of partnering
youth and adults and empowering the community to use their voice.

www.stand4youth.org

- Parents & Community Members – Know what is being done in Richland County to support youth & make healthy decisions
- Forum for discussions on drug use as well as internet issues
- Resources on reducing underage drinking, tobacco use & impact of medical marijuana

- Share a positive message through videos, photography & art

- Check out our facebook page,
www.facebook.com/richlandcountystand



"A sub-committee
of the Partnership
for Promise"

Parent Café

**First Wednesday of each month beginning:
Wednesday, Oct. 5
MonDak Heritage Center
120 3rd Ave. NE
12:30 p.m. - 1:30 p.m.**

**Bring your lunch,
we'll supply the coffee & tea!**

The place to come to connect with other parents. Share ideas and learn what's going on at your student's school. This is where parent's go to relax, share and get to know one another over a nice cup of coffee. Call Nicole or Bridget at 433-4097 for more info.

All parents with school age children in Richland County are welcome to attend.

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 Chiropractic Physician

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 • Personal Injuries & Pain Conditions

Kyler Bracelets Are Back!
 In efforts to help raise money for medical expenses for the family of Kyler Streib, who is still undergoing leukemia treatment in Seattle, WA, new "I FIGHT CANCER FOR KYLER" bracelets are once again available. You may purchase the bracelets at Yellowstone Marketplace, or by calling 406-480-2600.

Donations can also be made at Wells Fargo under the Kyler Streib Benefit Account.

Music Lingua
 foreign language for kids

Learn Spanish with your Child!
 Mondak Heritage Center • 120 3rd Ave SE • Sidney
 \$140 for 11 Weeks • Register Early & Receive \$10 off

September 21 - November 30
 Wednesdays at 10:30 a.m. • 0-4 year olds w/parents
 Wednesdays at 3:30 p.m. • 5-8 year olds after school
 October 11 - December 13 (new session)
 Tuesdays at 8:30 a.m. • 0-4 year olds w/parents

For more information or to register, Call Lillian at 406-480-5249
 Spanish Class Instructor • www.musiclingua.com

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are available in Williston at

- Hedderich's • Simonson's
- Scenic Sports & Liquor
- Herman Oil Convenience Store
- M & H Convenience Store

Pick up your FREE copy today!

Parenting Class Offers Opportunity To Strengthen Relationships

By Marcia Hellandsaas
 NDSU Extension Agent, McKenzie/Dunn Counties

The Nurtured Heart Approach (NHA) parenting class, designed to create healthy, positive relationships with the people in your life, will be held from 6:30 p.m.-8 p.m. CT on Oct. 4, 17, 25 and Nov. 1 (please plan to attend all classes) at the McKenzie County Courthouse meeting room, Watford City.

Cost to attend is \$75 per individual or \$85 per couple, which includes class materials and workbook. These classes are based on the book, *Transforming the Difficult Child: The Nurtured Heart Approach* by Howard Glasser, M.A. and will be presented by Counselor and Nurtured Heart Advanced Trainer Nikki Johnsrud.

NHA is a powerful method designed to offer all youth, especially those challenging and intense, an opportunity to develop a new behavioral model through a series of successes.

NHA is a revolutionary way to facilitate success, self-esteem and greater happiness in every area of life for "ALL" youth and it works as soon as it is used. Children begin to flourish, embracing their magnificent qualities and increasing their inner wealth, thus identifying with success!

Food Safety Education For Restaurant Employees Offered

Food Safety education is a good investment for food related businesses. The upcoming food safety workshop is one that employees and managers can benefit from and ensure a higher level of food safety to their customers.

Tuesday, Oct. 11, from 2-4 p.m. or Wednesday, Nov. 12 at 9-11 a.m., a food safety workshop will be held in the MSU Richland County Conference Room, 1499 N Central, Sidney. The program will be presented by food safety educator Judy Johnson, MSU Richland County Extension Agent. The program is offered free of charge.

Participants, whether they are new employees or long-term food service workers will learn about hazardous foods, safe food handling practices, importance of personal hygiene, temperature control and cleaning and sanitizing.

Call the Richland County Extension Office at 433-1206 prior to Wednesday, Oct. 5 to register or receive further information.

Tobacco Gardens Fall Classic Fishing Tournament

Saturday, Oct. 1
 Entry Fees: \$100 per 2-man team



Call the lake for more information
406-842-4199

STATISTICS

Lake Water Level Reports

	Fort Peck	Sakakawea
Current Elevation	2238.3	1842.6
Last Week's Elev.	2239.5	1842.5
One Year Ago	2235.8	1848.4
Release For Day (C.F.S.)	24,800	29,400

Watford City Weather Data

Source: North Dakota Agricultural Weather Network

Date	High	Low	Precip.
Sept 19	72	43	0.00
Sept 20	78	47	0.95
Sept 21	60	44	0.37
Sept 22	60	39	0.00
Sept 23	74	39	0.00
Sept 24	87	50	0.00
Sept 25	90	50	0.00

Sidney Weather Data

Source: MSU Eastern Agricultural Research Center

Date	High	Low	Precip.
Sept 19	74	44	0.73
Sept 20	74	46	0.61
Sept 21	60	40	0.00
Sept 22	76	37	0.00
Sept 23	85	49	0.00
Sept 24	86	49	0.00
Sept 25	91	47	0.00
Average YTD Precipitation			12.13
2010 YTD Precipitation			18.21

For more information and to register for the class, please contact the McKenzie County Extension Office at 701-444-3451 or Nikki at COPING Consulting 701-570-1753.

Friends Of Angel Ave. To Hold Dementia/Alzheimers Walk Oct. 2

Friends of Angel Avenue will hold their 2nd Annual Dementia/Alzheimers walk in Fairview, Sunday, Oct. 2 from 2-4 p.m. Meet at the Fairview High School Cafeteria.

All donations given will go to Angel Avenue at Sidney Extended Care to help get items that will benefit the residents.

Information pamphlets will be available to help caregivers, friends and the loved ones who are experiencing dementia/alzheimers.

You are not alone, there are others going through what you are. Together we can make a difference!

Copies of Kim Syth's new book "A Long Walk with My Mom" will be available for \$9.95. Any questions call: Kim Syth, 406-747-5188.

EVENTS

SEND US YOUR EVENTS!

THE ROUNDUP: PO Box 1207, 111 West Main, Sidney, MT 59270
 406-433-3306, Fax: 406-433-4114
 Email: classads@esidney.com

Richland County

Events in Sidney unless otherwise listed. MT Zone.

- Wed., Sept. 28**
 7 p.m. — Gambler's Anonymous, Millers' Corner back room.
- Thurs., Sept. 29**
 12 p.m. — Sidney Kiwanis Club meeting, Elks Lodge.
 5 p.m. — TOPS, Lonsdale United Methodist Church.
 Weigh-ins 5-5:30 p.m., meeting 5:30-6 p.m.
 7 p.m. — Bingo, early bird at 6:45 p.m., Moose Lodge
 8 p.m. — NA meeting, Millers' Corner banquet room.
- Fri., Sept. 30**
 7:45 a.m.-Noon — Richland Federal Credit Union Farmers Market, west parking lot.
- Sat., Oct. 1**
 9 a.m. & 7 p.m. — AA meeting, Trinity Lutheran Church education bldg., 214 S. Lincoln.
- Sun., Oct. 2**
 2-4 p.m. — Friends of Angel Avenue 2nd Annual Dementia/Alzheimers Walk, starts at Fairview High School Cafeteria.
 7 p.m. — AA meeting, Trinity Lutheran Church Education bldg., 214 S. Lincoln.
- Mon., Oct. 3**
 12 p.m. — AA meeting, Trinity Lutheran Church education bldg., 214 S. Lincoln.
 6:45 p.m. — Bingo, St. Matthew's Parish Center multi purpose room.
- Tues., Oct. 4**
 5:30 p.m. — Nurturing Program: Parenting Class, Sidney-Richland Co. Library basement, dinner included, daycare provided. To sign up call Nicole at 433-4097.
 7 p.m. — AA meeting, Trinity Lutheran Church education bldg.
- Wed., Oct. 5**
 12:30-1:30 p.m. — Parent Cafe, MonDak Heritage Center, 120 3rd Ave. NE. Bring your lunch, we'll supply the coffee & tea!

McKenzie County

Events in Watford City unless otherwise listed. CST Zone.

- Wed., Sept. 28**
 8 p.m. — Al-Anon, Sanford Room, McKenzie Co. Public Library.
- Thurs., Sept. 29**
 8 p.m. — AA Group, Northern Pump & Compression. Call 770-3603 or 770-2675 for directions or a ride.
- Fri., Sept. 30**
 8 p.m. — Al-Anon, Sanford Room, McKenzie Co. Public Library.
- Sat., Oct. 1**
- Tues., Oct. 4**
 6:30-8 p.m. — Nurtured Heart Approach, McKenzie Co. Courthouse Meeting Room.
- Wed., Oct. 5**
 8 p.m. — 4-H Council Meeting, Courthouse Meeting Room.
- See all monthly events on our calendar at www.roundupweb.com.

Ashcraft Book Signing Set At MonDak Heritage Center Oct. 11

Dr. Jimmie Ashcraft will be doing a book signing Oct. 11 at 7 p.m. at the MonDak Heritage Center, Sidney.

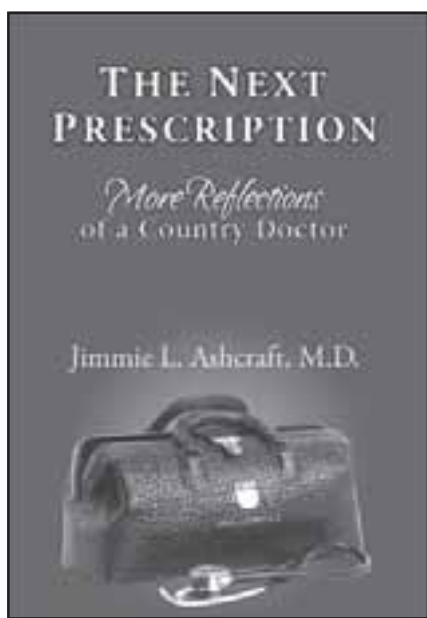
"Reflections of a Country Doctor": A Collection of True Stories Told by a Montana Doctor" has been released by author Jimmie Ashcraft, M.D.

What James Herriot did for veterinary medicine with his true-life stories of a country vet, Jimmie Ashcraft has done for rural primary care, taking readers into the trenches of rural family medicine. The author has collected stories from his 26 years of serving as a family physician in the rural West. The tales not only reflect Ashcraft's experiences but mirror those of generalist colleagues practicing in rural areas across the country who also work under tough conditions, often with a minimum of equipment and personnel.

"Reflections of a Country Doctor" puts readers in touch with mothers giving birth to patients who need end-of-life care and everything in between. Ashcraft knew from the age of 12 that he wanted to be a doctor. He joined the National Health Service Corps after medical school and worked in Wyoming and then Sidney, where he planned to stay just one year. He practiced medicine there for 25 years. Ashcraft's version of medicine sometimes is unorthodox as he strives to overcome ineffective staff, equipment theft and small-town attitudes, but the effort generally pays off for patients and their families. His stories, lovingly retold, offer lessons in the patience, concern and dedication found in the country's best rural doctors.

"The Next Prescription: More Reflections of a Country Doctor" has also been released by author Jimmie Ashcraft, M.D.

In this sequel to "Reflections of a Country Doctor", Dr. Ashcraft again tells stories from his years of treating patients. This new memoir features stories from his days as a youngster, pre-med and medical student, as well as more tales from his 26 years as a rural doctor. The stories range from Ashcraft's smallest patients – newborn babies – to those facing end-of-life illnesses. The real-life accounts contain the power to move readers. A forward by his wife, Kay, offers her



perspective on the life with a doctor.

The "Next Prescription" relays stories about close calls, like an ill-fated college chemistry experiment that led first to an explosion and then to a three-hour surgery; his damaged safety goggles and clothes were displayed for the next 25 years as a warning to students. Other stories are funny, such as the lady whose extreme abdominal pain proved not to be a gallbladder attack but produced a surprise of a lifetime – a baby boy. Ashcraft provides a gentle touch to heartbreaking tales, like a boy who dies on the operating table from anesthesia complications. Packed with as many cases as a television drama, this no-holds-barred book provides a fascinating glimpse into the everyday life of a doctor.

Dr. Ashcraft worked his way through college, overcoming a difficult childhood in a poor family in Montana.

He was the first graduate from Eastern Montana College to graduate from medical school. He graduated from the University of Oregon Medical School. He served in the National Health Service Corps and spent 25 years as a family physician in Sidney. The retired doctor is a Lifetime Fellow of the American Academy of Family Physicians and served on the clinical faculty of the University of Washington Medical School for 30 years. He and his wife live in Montana and work with their foundation providing scholarships to high school graduates. He and his wife, Kay, have three grown children and six grandchildren.

Tamara "Tammy" Heiser, 52, Sidney, MT

(formerly of Watford City, ND)

Tamara Heiser, Sidney, MT, passed away Friday, Sept. 23, 2011 at the Sidney Health Center.

A private memorial service for family will be held at a later date.

Remembrances and condolences may be shared with the family at www.fulkersons.com.

Anna Luft's
90th Birthday Party!
The children of Anna Luft invite you to share in the celebration of Anna's 90th Birthday!
Saturday, October 8th • 2-4 p.m.
Culbertson Senior Citizen's Center
208 Broadway St.
Lunch will be served.

Join Us for a Baby Shower in honor of
Harlee Jo Moran
Daughter of Heidi & Jay Moran
2 p.m., Saturday, October 1
Pella Lutheran Church • Sidney, MT

We are temporarily located at the
Hair Force
406-742-3302
Fairview

Racquel Schipman 489-0727
Jennifer Denowh 798-3541
Specializing in haircuts, colors & perms.

Gary & Travis Rindahl Family Benefit

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Saturday, October 8 • Richland County Fair Event Center

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Silent Auction: 5 - 7 p.m.

Live Auction Begins at 7:30 p.m.

Dance with DJ Jeff Nelson following the auction

If you would like to donate an item for auction you may call the following people and they will pick up items:

Rhonda Pennington - 701-565-2259 • Diane Sult - 406-488-7857
Crystal Hatter - 701-565-2254 • Nancy Severson - 701-481-3249

Matching funds have been applied for through Thrivent Financial

Sidney Church of Christ Ladies Day "Where Is God?"

Saturday, October 1, 2011

Richland County Fair Event Center • 9 a.m. - 3 p.m.

Please RSVP by September 24th

Featured Speaker Shirley Marble

Greenville Oaks Church of Christ Allen, Texas

Contact Debra Baisch:
baisch3234@hotmail.com
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Lana Clark:
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Savage Warriors Homecoming



Homecoming Candidates

Back (L-R) Shad Stanford, Braden Ler, Christopher Reynolds.
Front (L-R) Bridger Rice, Brittany Smith, Hanna Jepsen.

**Tuesday - Saturday,
Sept. 27-Oct. 1**

Schedule of Events

Monday-Friday

Spirit Week

Thursday

Homecoming Coronation at 7 pm in the Auditorium with bonfire & pep rally to follow

Friday

HS VB @ Brockton game time 6 p.m.

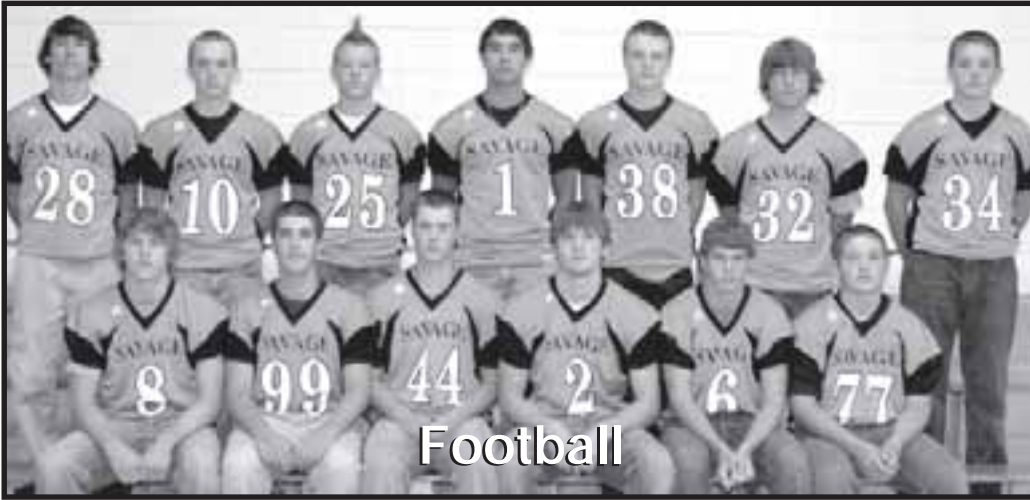
Saturday

Homecoming Parade at 11:30 a.m. line up will start at the school

Sr. Tailgate Party immediately following the parade down by the concession stand at the football field

JH & HS FB starting at 4 & 7 p.m.

Homecoming Dance for grades 7-12 after the football game



Football

Back (L-R) Jordan Skaley, Trent Prevost, Ryder Rice, Christopher Reynolds, Braden Feisthamel, Michael Reynolds, Tanner Hagler. Front (L-R) Shad Stanford, Jordan Urlacher, Zach Tunnell-Wilson, Braden Ler, Wyatt Hagler, Chase Hagler.



Volleyball

Back (L-R) Brittany Conradsen, Rachael Oliver, Shanae Prevost, Clara Jepsen, Shelby Stanford, MGR. Jessey Rankin, Cara Clemmer. Front (L-R) Bridger Rice, Hanna Jepsen, Brittany Smith, Desiree Martell, MGR: Morgan Tysver.

Mythbusters For Consumer Food Safety

Did you know that at least 1 in 6 of us will likely become ill from a food-borne illness this year? Food safety is everyone's concern. September is National Food Safety Education Month and the following four common myths are brought to you by Fight Bac, a food safety educational partnership. They are presented with facts consumers need to know to help reduce their risk of food borne illness:

Myth: Freezing foods kills harmful bacteria that can cause food poisoning. **Fact:** Bacteria can survive freezing temperatures. Freezing is not a method for making foods safe to eat. When food is thawed, bacteria can still be present and may begin to multiply. Cooking food to the proper internal temperature is the best way to kill harmful bacteria. Use a thermometer to measure the temperature of cooked foods.

Myth: I eat a vegetarian diet, so I don't have to worry about food poisoning. **Fact:** Fruits and vegetables are an important part of a healthy diet, but like other foods they may carry a risk of food-borne illness. Always rinse produce under running tap water, including fruits and vegetables with skins and rinds that are not eaten. Never use detergent or bleach to wash fresh fruits or vegetables as these products are not intended for consumption. Packaged fruits and vegetables labeled "ready-to-eat" or "washed" do not need to be re-washed.

Myth: Plastic or glass cutting boards don't hold harmful bacteria on their surfaces like wooden cutting boards do. **Fact:** Any type of cutting board can hold harmful bacteria on its surface. Regardless of the type of cutting board you use, it should be washed and sanitized after each use. Solid plastic, tempered glass, sealed granite and hardwood cutting boards are dishwasher safe. However, wood laminates don't hold up well in the dishwasher. Once cutting boards of any type become excessively worn or develop hard-to-clean grooves, they should be discarded.

Myth: Locally-grown, organic foods will never give me food poisoning. **Fact:** Any food, whether organic or conventional, could become unsafe with illness-causing food-borne bacteria at any point during the chain from the farm to the table. Consumers in their homes can take action to keep their families safe. That is why it is important to reduce your risk of food-borne illness by practicing the four steps: Clean, Separate, Cook and Chill.

For more information on food safety in the home, contact MSU Richland County Extension at 406-433-1206, www.msuextension.org or check out www.fight.bac.org.

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Li'l Wrangler Youth Rodeo Series Announces Overall Division Winners



The Li'l Wrangler Youth Rodeo Series wrapped up its finals on Aug. 14. This was the 6th year that the rodeo series has run in Watford City. The series consists of five rodeos throughout the summer bringing kids ranging from ages 1 yr old-8th grade. This season there were 91 kids coming from as far away as Bismarck and Velva.

It is a fun way to watch the kids learn more about the sport of rodeo and progress with their horses throughout the summer. Thanks to the community's continued support of the program, over \$14,000 in buckles and prizes was given away this year.

The overall division winners were:

DIVISION PEEWEE- 1st Garret Larsen, 2nd Cooper McNally, 3rd Cooper O'Conner, 4th Hayden Hutchinson

DIVISION 0 - 1st Jayson Carl, 2nd Sidney Sandstrom, 3rd Tel Sorenson, 4th Sierra Lanning

DIVISION 1 - 1st Rye Johnston, 2nd Karsen Kling, 3rd Grady Larsen, 4th Izaak Boekelman

DIVISION 2 - 1st Parker Sandstrom, 2nd Abby Sigvaldsen, 3rd Kelly Bang, 4th Tate Locken

DIVISION 3 - 1st Anna Jorgenson, 2nd Madison Smith, 3rd Mason Bice, 4th Cheyanne Carl

DIVISION 4 - 1st Karly Bang, 2nd Kylie Hildre, 3rd Abby Hepper, 4th Sheridan Johnson

DIVISION 5 - 1st Keenan Pierce, 2nd Grace Nelson, 3rd Myka Steinbeisser

DIVISION 6 - 1st Makenna Sandstrom, 2nd Jayden Leiseth, 3rd Justin Dahl, 4th Mackenzie Sparby

DIVISION OPEN - 1st Ellie Lou Johnston, 2nd Keaten Ell, 3rd Nicole Fladeland, 4th Laurel Nelson

ALL-AROUND JUNIOR CHAMPION- Jayson Carl

ALL-AROUND JUNIOR RESERVE CHAMPION- Anna Jorgenson

ALL-AROUND SENIOR CHAMPION- Makenna Sandstrom

ALL-AROUND SENIOR RESERVE CHAMPION- Keenan Pierce

The Li'l Wrangler would like to thank the following sponsors for making this and every year a success.

Community Marketing, Lund Oil, Prewitt & Co LLC, Triangle Nite Club, Boone's Bit Service, Jay & Sarah Lewis, S & S Motors, Taylor Ag Services, 1st International Bank, Mike's Super Valu, M & K Hotshot & Trucking, Pedersen Farming, Jeff & Dawn Carl, Action Auto, Darby's Welding & Machine, Rolfson Oil Inc., Farmer's Union Insurance, Fisher Orthodontics, Bev Hildre Insurance Agency, Deep Creek Adventures, Pro Auto Body, Jerome & Sherry Lervick, Jay & Becky Ruggles, American Legion Post #37, Dakota West Credit Union, Cheetah Services Inc., Alexander School, Heggen Equipment, Memory Designs By Karen, Dick &

Rita Fischer, Petroleum Services Inc., Reservation Telephone Cooperative, Dan Fladeland's Well Service, Brian & Darcy Delaney, D & M's Office, McKenzie Building Center, Wisco Inc, Western Vet Clinic, Prairie Petro Chem, Larsen Service Drug, Jess Ann & Mark Knutson, Brigham Oil & Gas, LP, Monjore's Studio, J.J. & Tana Hovde, Meyer's Department Store, Doug's Auto, Shawn & Kathy Mavity, Miler Insulation, Wylie Bice Trucking LLC, Mark & Melissa Boehm, Eagles Aerie 3543, Paul Myers, Nick & Bobbi Jo Lonski, Leppell Welding, Hildre Construction, Jack's Store, Photos By Crystal, American Legion Club, Pioneer Drilling, Mitchell's Oilfield Service Inc., Heel O Matic, NRS, Richland Leather, Rodney & Leah Cross, Williston Saddlery, Nodak Mutual-Kara Bank, Mike Iverson, Dro Inc, Donny Pittsley, Nabors Drilling, Old Keystone Consulting Inc, Continental Resources Inc., Twist Drive-In, Larry & Christy Steinbeisser and Jeff & Eva Hepper.

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A Little Bit Country New Lawn Publication Available

By Warren Froelich
NDSU Extension Service
Williams County

Just about every homeowner cherishes a lawn. Many hours of labor and dollars are spent each year making sure the grass is properly manicured, watered, fertilized and free of nasty weeds. When the grass starts to grow in the spring, I can't wait until the first mowing just to smell the scent of freshly cut grass but by summer's end I have thoughts of covering it with scoria and ornamental rocks. To add plant life, I think yucca and big sagebrush would put a special touch and smell to the yard's landscape, thus eliminating the time to mow a lawn and even more time just to keep the mower in operation. I keep promising myself to make the big change next year but by spring time the snow and winter have again recycled my attitude in search of that smell of freshly cut grass.

So, if you are caught in the same trap of having a nice lawn around your home I have some good news. The NDSU Extension Service has recently released a new publication "Home Lawn Problems and Solutions for North Dakota". It contains much information and plenty of pictures regarding weeds, diseases and insects. Besides identifying the problem, the

publication suggests both chemical and non-chemical control measures.

What I like best about this new 32-page publication are the colored pictures. They make problem identification much easier than the old black and white material. Besides being good, the publication is available through this office (701-577-4595) free of charge.

Seed Testing Advised
Wet growing season conditions favored the growth of crop diseases. Several of the diseases are carried through the seed, especially for crops such as field pea, chickpea and lentil.

The North Dakota State Seed Department Diagnostic Lab is able to test for many of these pathogens in seed. When submitting a sample to the Seed Department it is extremely important to provide all the required information. When submitting common seed or certified samples the Department urges the use of its manila envelopes which we have available in the Williams County Extension Office.


Fees for many of the testing services provided by the Department will increase Oct. 1. For a complete list of testing services and fees, go to the Department's web page www.nd.gov/seed.

If you are looking for certified seed of a specific crop and variety, the Department has established a computer directory of growers whose fields were inspected this past summer. Those on this list likely will have either Foundation, Registered or Certified Seed available. The list of field inspections is much shorter than normal. The Department reports inspecting 30% fewer acres than normal. This points to a tight supply of certified seed available for the 2012 planting season. So, if you are in need of seed, start identify-

ing the source this fall.

The Department does publish a book listing all growers who had fields pass

inspection. The publication is usually available in November.



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Junior High Football

Chris Gartner, Sidney, outruns a host of Watford City Wolves in the 8th grade football game in Watford City Saturday. The Sidney 8th graders defeated Watford City, 32-0. Sidney 7th graders defeated Watford City, 40-8. (Photo by Kathy Johnson)

Tavern Association Donates To Boys & Girls Club, Richland Co. Baseball

The Richland County Tavern Association was pleased to donate \$500 to the Richland County All Stars Majors baseball team to help fund their trip to regionals and to donate \$1000 to the Boys & Girls Club of Richland County to fund their many programs.

The RCTA would also like to thank everyone that bought raffle tickets for the three prizes given away at the fair. Congratulations to Austin Jones, gas grill winner; Mike Morasko, Xoom winner; and Gail Scheetz, gas card winner. The RCTA also wishes to thank the Boys & Girls Club for conducting the bicycle giveaway from their booth at the fair. Bike winners were Connor Larson, Isabell Amundson, Sean Goulette and Jolene Molloy. The RCTA wish to thank the community for their support as it allows us to continue to support groups and individuals in need. Members of the RCTA include the Cattle-Ac, Cheerio, Club Royale, Double Barrel, Elk's, Hotel Albert, Lucky Lil's, Montana Lil's, Moose, Ranger, Regal Eagle, Sidney Liquor, South 40, Triangle, VFW and Winner's Pub.



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Watford City's Stephen Bascom kicks the extra point in Friday's game against Garrison. The Wolves defeated Garrison 35-0. Next action for the Wolves will be at Stanley Sept. 30. (Photo by Kathy Taylor)



Watford City Football

Watford City's Quayde Shores, #24, follows his blocker as he carries the ball for a first down in Saturday's Junior High football game against Sidney. The Eagles defeated the Wolves in both the 7th and 8th grade games. (Photo by Kathy Taylor)

Patnaude Becomes New Sidney Chamber Administrative Assistant



Iwona Patnaude

Back in May, when Iwona Patnaude and her family first came to Sidney, looking at possibly relocating here, the first place they went to was the Sidney Chamber of Commerce. After visiting with volunteers who happened to be working that day, they left. As they were walking outside, Patnaude said "That's a place I want to work!" On Monday, she started her new job as the administrative assistant at the Chamber. Originally from Poland, Patnaude moved to Sidney from Las Vegas, NV, with her husband, John, an Interstate Engineering land surveyor, and 10-year-old Victoria who attends Westside Elementary School.

Iwona has worked as an administrative assistant for engineering companies since 2003, dealing with entities and customers. She is happy to be in Sidney and working at the Chamber. "I'm thrilled to be here and to be able to meet the people and help out," she said. "I like to be in the middle of events and help out."

Chamber Executive Director Wade Van Every is "tickled to have someone who cares about people and has energy and enthusiasm for the Chamber."

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Sports Booster WEEKLY SCHEDULE

Golf

Friday & Saturday, Sept. 30 & Oct. 1
Sidney at State in Hamilton

Volleyball

Thursday, Sept. 29
Miles City at Sidney, 7 p.m.
Bainville at Trenton, 7 p.m.
Watford City at Parshall, 7:30 p.m.

Friday, Sept. 30
Culbertson vs Grenora/Westby at Westby, 7 p.m.
Brockton at Savage, 6 p.m.
R&L vs Fairview at Lambert, 4 p.m.
Froid/Lake at Frazer, 6:30 p.m.

Saturday, Oct. 1
Bainville at Westby, 4 p.m.
Culbertson vs Saco/Hindsdale at Saco, 4 p.m.
Froid/Lake vs Plentywood at Med Lake, 5:30 p.m.
Brockton vs R&L in Lambert, 5:30 p.m.

Monday, Oct. 3
Watford City at Williston Trinity Christian, 8 p.m.

JV Volleyball

Thursday, Sept. 29
Miles City at Sidney, 5:30
Watford City at Parshall, 6 p.m.

Saturday, Oct. 1
Sidney at Dickinson Tourny, 5:30 p.m.
Watford City at Watford City Tourny, 9 a.m.

Varsity Football

Friday, Sept. 30
Sidney at Glendive, 7 p.m.
Fairview at St. Labre, 7 p.m.
Watford City at Stanley, 7 p.m.
Froid/Lake at Wibaux, 1 p.m.

Saturday, Oct. 1
Circle at Bainville, 6 p.m.
R&L vs Terry at Lambert, 1 p.m.
Jordan at Savage, 7 p.m.

Tuesday, Oct. 4
Froid/Lake vs Savage JV at Med Lake, 4 p.m.

JV Football

Saturday, Oct. 1
Froshmore at Glendive, 10 a.m.
Terry vs R&L at Richey, 1 p.m.

Monday, Oct. 3
Fairview at Bainville, 4:30 p.m.
R&L at Savage JV, 4 p.m.
Fairview at Culbertson, 4:30 p.m.
Stanley at Watford City, 5 p.m.

Cross Country

Thursday, Sept. 29
Sidney at Williston, 3:15 MDT

Saturday, Oct. 1
Sidney at Billings, Noon
Bainville at Poplar

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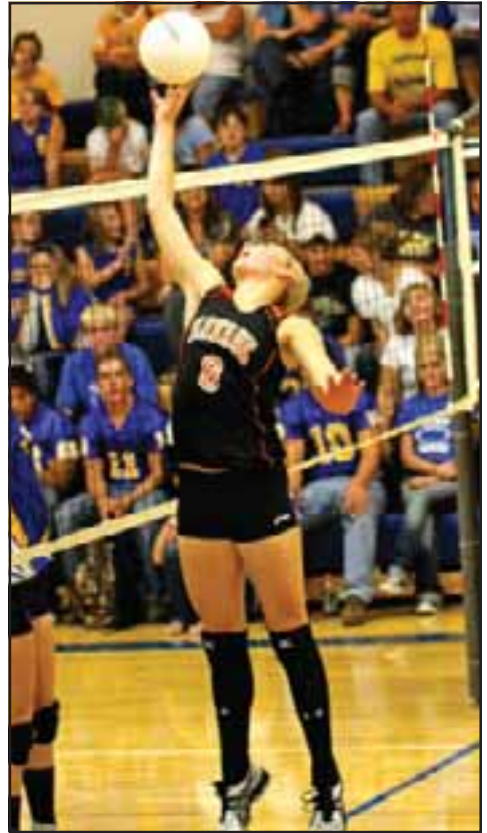
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Savage Sports Action

Top Right: Savage's #8 Hanna Jepsen looks to tip the ball over the net. Top Left: Brittany Smith (#6) of Savage goes up for a hit in the volleyball game against the Fairview Warriors on Friday. Savage lost the match 3-2. Right: Chris Reynolds of Savage rushes with the ball during the football game against Hysham. The Warriors won 50-12. (Photos by Toni Zieske)



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1983 Versatile 875; 1839 engine hours, 4 hydraulics, SN 057837 • 1976 Versatile 700; 2486 engine hours, 2 hydraulics, Cummins diesel • 1941 John Deere "D" • 1926 IH "15-30" • 1940 IH TD 6 crawler w/ dozer • 1912 "20-40" Case tractor on steel • Home Built Oliver 1800 tractor w/ Cummins 6 cylinder diesel (leaks coolant into the crankcase only during winter) • IH WK 40 tractor w/ Cummins engine

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1951 Ford F-6 farm truck, Big Six-six cylinder motor, wood box w/ hoist • 1959 GMC 450 farm truck, 300 straight six motor, twin screw tandem axles, 5 speed-3 speed, 500 bushel box and hoist • 1942 IH KB-7 farm truck, single axle, wood box w/ hoist • 1976 Ford 9000 farm truck, triple axles, 318 engine, 3 speed air shift w/ 60 mph cruise, 600 bushel box • 1941 Chevrolet pickup w/ box • 1974 IH Loadstar 1700 farm truck, 5 speed, single axle, steel box & hoist w/ roll tarp, 392 engine, 27,653 miles

MACHINERY & MISC.
IH #46 small square baler (good condition) PTO drive • Shopmade self propelled field sprayer • Older Lindsey harrow • Anderson ground drive ball style rock picker • Versatile 103 swather • (2) PTO drive grain augers • John Deere "LG" hoe drill, 14' x 14" w/ Lister rubber press wheels, central oil lubrication • Kongsjilde PTO drive grain vacuum • Morris CP 731 Magnum chisel plow, 35' • Morris 7180 air seeder, 35' • Krause 28' cultivator w/ NH3 applicator • Noble victory blade, 28' • Old single axle bale trailer • Monitor stationary engine, 1.5 HP • Galloway stationary engine, 4 HP • Shop built welder • New Little Giant trip hammer • Spool of aluminum wire • (2) Gas tanks, 250 gallons each • Oliver 5-16 plow • John Deere one-way, 20' • Herman harrow, 70'

HIGH PLAINS AUCTION Lee Halvorson #549 Williston, ND (701) 774-2923
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TERMS: Cash or Check. Identification Required. All Sales Final. Everything sold "As is, Where is." Not Responsible for Accidents.

DPHHS Reports Several Outbreaks Of Norovirus, Provides Prevention Tips

The Montana Department of Health and Human Services (DPHHS) has recently received several reports of gastroenteritis outbreaks in schools, child day care settings and nursing homes. Since early September, several hundred people throughout the state have experienced vomiting, diarrhea and nausea lasting 24-48 hours. In those outbreaks where laboratory testing was performed, norovirus was found to be the cause of the illnesses. Noroviruses are the most common of the viruses that cause gastroenteritis. Sometimes the illness is called "food poisoning" or "stomach flu", although this illness is not related to influenza viruses which cause respiratory illness. The usual symptoms of gastroenteritis include diarrhea, vomiting, nausea and stomach pain. There is no specific treatment for this illness and most persons recover in 1-3 days. The illness can last longer and be more severe in young children, older persons, or persons who have other health conditions. The virus is highly contagious and can spread rapidly. A person can become ill by ingesting the virus from contaminated food or water or by close contact with someone who is ill. Touching surfaces or

objects that are contaminated with norovirus, and then transferring the virus hand to mouth is another common way of becoming infected. "Norovirus can spread very quickly and can make some persons very ill," said DPHHS Director Anna Whiting Sorrell. "To protect yourself and others it is important to wash your hands thoroughly with soap and water often, stay at home if you are ill with diarrhea, vomiting or nausea, and never prepare food for others if you sick with any of these symptoms." Tips to prevent the spread of norovirus:

- Practice proper hand hygiene: Wash your hands carefully with soap and water, especially after using the bathroom or changing diapers and always before eating or preparing food.
- Alcohol-based hand sanitizers (containing at least 62% ethanol) may be a helpful addition to hand washing, but they are not a substitute for washing with soap and water.
- Take care in the kitchen: Carefully wash fruits and vegetables, and cook oysters and other shellfish thoroughly before eating them.
- Do not prepare food while ill: People who are infected

with norovirus should not prepare food for others while they have symptoms and for three days after they recover from their illness.

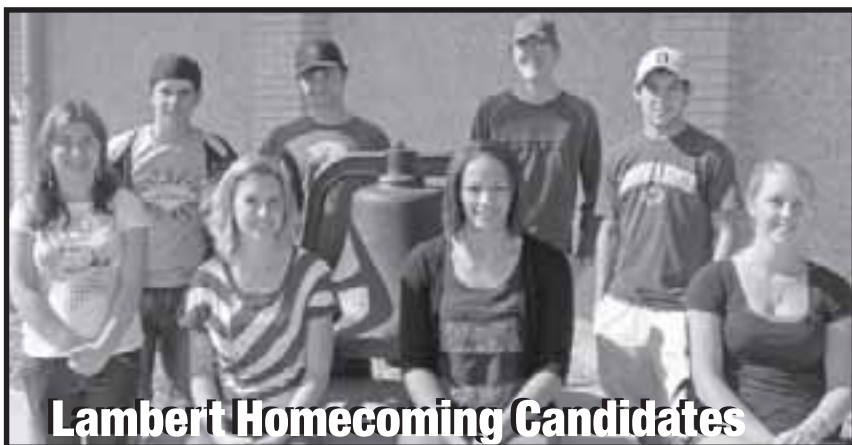
• Clean and disinfect contaminated surfaces: After an episode of illness, such as vomiting or diarrhea, immediately clean and disinfect contaminated surfaces by using a bleach-based household cleaner as directed on the product label or a solution made by adding 5-25 tablespoons of household bleach to 1 gallon of water.

"Improving and Protecting the Health, WellBeing and SelfReliance of All Montanans."

• Wash laundry thoroughly: Immediately remove and wash clothing or linens that may be contaminated with vomit or fecal matter. Handle soiled items carefully—without agitating them—to avoid spreading virus. They should be laundered with detergent at the maximum available cycle length and then machine dried. More information is available on the CDC website: <http://www.cdc.gov/Features/Norovirus/> and <http://www.cdc.gov/ncidod/dvrd/revb/gastro/norovirus.htm>.

R&L Fusion Homecoming

Tues. - Sat.,
Sept. 27- Oct. 1



Lambert Homecoming Candidates

Back (L-R) Gabriel Riggio, Canyon Rehbein, William Hier, Sid Rains. Front (L-R) Alyssa Gatlin-Johnson, Taylor Frisbie, Alexis Johnson, Taylor Sheehan.



Richey Homecoming Candidates

Back (L-R) Charlie Switzer, Aaron Senner, Gary Sodt. Front (L-R) Sarah Jensen, Emily Kavanaugh, Mykala Senner.

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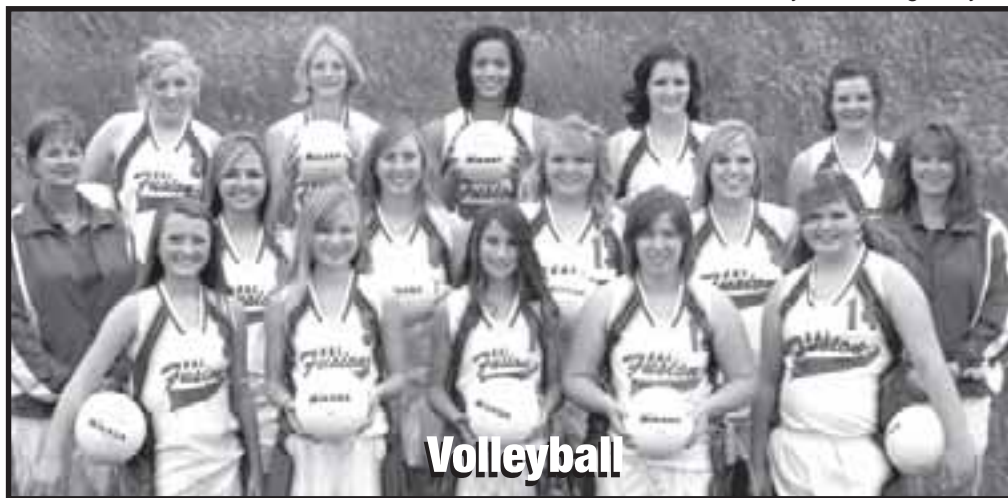


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1-406-433-2255

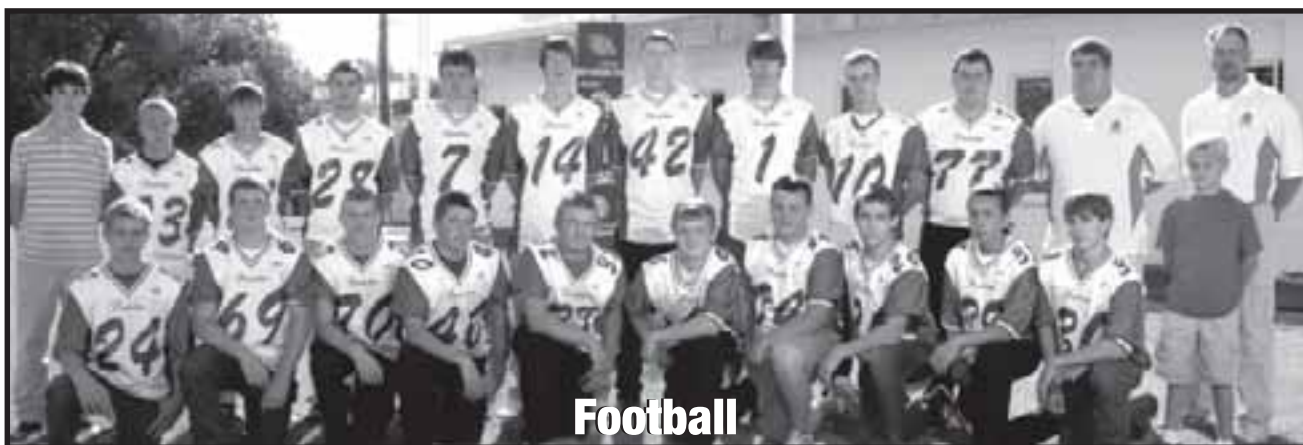
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Lambert, MT
406-774-3330

McCone Electric Co-op Inc.
406-733-5759
Richey, MT
406-485-5759
Circle, MT

Back Row L to R:
Elizabeth Nissley, Maria Zimdars, Alexis Johnson, Shanna Olson, Michelle Switzer
Middle Row L to R: Head Coach Tilda Whiteman, Bailee Fink, Sarah Jensen, Megan Volbrecht, Taylor Brown, Assistant Coach Jodi Williams
Front Row L to R: Jessica Williams, Paige Smith, Shelby Senner, Mykala Senner, Autumn Rehbein



Volleyball



Football

Back (L-R) Manager Lars Kvaalen, Josh Larson, Logan Verschoot, Christian Prevost, Charlie Switzer, Cameron Gomke, Jared Rosaaen, Lane Verschoot, Cameron Johnson, Taylor Mindt, Assistant Coach Joe Day Rider, Head Coach Shawn Lien. Front (L-R) Tate Vaira, Kody Sodt, Andrew Doane, Ryder Olson, Lee Whiteman, Jacob Rosaaen, Kyle Watson, Sid Rains, Kimball Brost, Aaron Senner, Manager Blake Lien.

GOOD LUCK
From The
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Hours: Mon. - Fri.
9 a.m. - 5 p.m.

The Roundup

\$7/up to 30 Words

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Reach 21,050 Readers Each Week
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And Always On The Internet at esidney.com

Help Wanted

Sidney Sugars Incorporated is accepting applications for sugarbeet processing factory positions. The jobs begin in late September and are available until all beets and juice are processed, about mid-February.

- ☞ **\$12.31/hour**
- ☞ **Bid jobs \$13.67/hour and higher**
- ☞ **Opportunity for advancement to full time positions**
- ☞ **On the job training**
- ☞ **Limited medical plan**
- ☞ **Overtime may be available**
- ☞ **Employee Referral Program**

Apply in person or request an application from:
Sidney Sugars Incorporated
35140 County Road 125 - Sidney, MT - 406-433-9320
Apply at Job Service Work Force Center
211 N Central Ave - Sidney, MT
www.sidneysugars.com



Sidney Sugars
INCORPORATED

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HELP WANTED

HELPWANTED
In store help wanted. McKenzie Building Center, Watford City. 701-444-3665.

PHARMACY TECHNICIAN
Larsen Service Drug, Watford City & New Town. Applicants must be experienced & ND certified. Call Larry, 701-444-2410.

HELP WANTED

Larsen Service Drug, Watford City, has PT clerking positions available. Must be able to work Saturdays. Stop in for applicaiton.

AD REPRESENTIVE

Be a part of the most effective media outlet in the MonDak region. The Roundup is looking for an

enthusiastic, go-getter that doesn't mind having an unlimited earning potential. Represent a successful regional newspaper in western North Dakota that has been a mainstay of the MonDak area for 30 years! Send resume and applications to The Roundup, PO Box 1207, Sidney, MT 59270 or apply at local Job Service.

Harvest over

You could **\$2000**
in 2 weeks!

Express Employment Professionals is hiring for the Sidney Sugars Sugarbeet Harvest and positions are going FAST! Ask about our \$50 referral.
For details call Kay at

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INCORPORATED

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Help Wanted...Maintenance Electrician

- Sidney Sugars Incorporated is seeking a maintenance electrician for their Sidney, Montana sugarbeet factory.
- The ideal candidate must be able to install, maintain, and troubleshoot electrical systems and equipment such as motors, transformers, and switches. Must pass a written test on basic electrical principles.
- \$19.43/starting. \$23.25 and full time when competence has been proven.
- FT benefits include medical/dental, pension, 401(k), paid disability leave, life insurance, and vacation, sick, and holiday pay.
- For more information, call Sharon at 406-433-9320 or walk in

Send resume to:

Sharon Nelson, Sidney Sugars Incorporated,
35140 County Road 125, Sidney, MT 59270.
Position open until filled.
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Full time: Group home position available for evenings & weekend hours. Starting wage: \$9.85 w/pd. health insurance, PTO & SEP IRA. Part Time: Group home positions open with evening & weekends with a variety of hours. Starting wage: \$9.35 w/SEP IRA. Contact Tami, 1100 Silurian Lane, Sidney, 406-488-3341.

ACTIVITIES AID

Roosevelt Medical Center is looking for someone to interact with residents. Serving morning & afternoon snacks, exercises & other activities. For more information contact Vicki Grimsrud at 406-787-6401. EOE/ADA.

HELPWANTED

Full & part-time bartenders. Call Dean or apply in person at Hi-Way Lounge, Alexander, ND. 701-828-3100.

ELEVATOR LABORER

Full time, elevator laborer, full benefits w/pd. vacation, 401k w/company match, must have basic computer skills & ability to work well with others, good work ethic & attitude. Some travel required, salary based on experience. Call Les, Peavey Co., Fairview. 406-747-5236. EOE.

ELEVATOR CLERK

Full time grain elevator clerk, full benefits w/pd. vacation, 401k w/company match. Must have computer skills & ability to work well with others, good work ethic & attitude. Salary based on experience. Call Les or Todd, Peavey Co., Fairview. 406-747-5236. EOE.

BUSINESS OPPORTUNITY

START YOUR OWN BUSINESS -RETAIL OR OFFICE

Retail & office space is now available in Yellowstone Marketplace, Sidney's new downtown mall. Modern mall units are located in historic building in the heart of downtown at Main St. & Central Ave. Call Russ Wells, 406-489-7431.

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Everything you need, great location in downtown Sidney. Call Erin, 406-480-2874.

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'85 28'x56' trailer house. New shingles, 2x6 outside walls, 3 bdrm., 2 bath, family room, living room. Located 7 miles SW, Lignite, ND. 701-842-2168 or 701-580-5526 Leave message.

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2 bdrm., 1 1/2 bath, new remodeled kitchen w/hickory cabinets, granite counter tops, stainless steel sink & appliances, log railing, tile floors, upgrades throughout, \$125,000. 406-480-4215 or 406-488-4219 for private showing.

FOR RENT

FOR RENT

2 bdrm. furnished house on 1 acre in Savage, \$2,200/mo. 406-776-2209, leave message.

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'92 1680 combine, superb cond., completely gone through, records, long sieve, crossflow fan, always shedded, headers available, 3400 hrs. 701-400-6075.

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FOR SALE

Brand new size 22 wedding dress. White w/red detailing. Matching veil & tiara. Girls' size 6 matching flower girl dress. Bought in '07 & both have never been worn & have never touched the ground. Purchased for over \$1,000, asking \$600 OBO for everything. Call Erin 406-480-3834.

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See us today for all your haying & feeding equipment, sweeps & Farm Oil. Anderson Vermeer Sales & Service. Open Mon.-Fri., 8 a.m.-5:30 p.m. 701-828-3358 or 701-828-3482 after hrs., Alexander.

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2 plastic bed liners for tandem/triple axle truck for beet harvest. Best offer. 701-875-4278.

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REAL ESTATE & MOVING AUCTION
SATURDAY, OCTOBER 15, 2011 2:00 P.M.
 LOCATION: FISCHER ESTATES 559 8TH AVE NE, SIDNEY, MT (BY TRUCK ROUTE)

REAL ESTATE WILL SELL AT 3 PM
THERE WILL BE AN OPEN HOUSE ON SUNDAY, OCTOBER 2, 2011 FROM 2-4 P.M.
ROADS WILL BE MARKED W/AUCTION SIGNS.

OWNERS: Joe and Rosie Feldman whose address is Fischer Estates 559 8th Ave NE, Sidney, MT will offer the following property to the public at auction. The final bid will be subject to their approval. The owners reserve the right to accept or reject any and all bids.

LEGAL DESCRIPTION: Lot 4 of Block 6 in the Fischer Estates Subdivision to Sidney, MT according to the official plat thereof on file in the office of the Clerk and Recorder of Richland County Montana.

HOUSE DESCRIPTION: 16X80 Medallion Mobile Home w/6" Walls and good Insulation. 8x24 Screened in Deck, 8x10 Porch, (3) Bedroom, (2) Full Baths, natural gas heat & central air, 24x32 American Steel Building w/cement floor & overhead door, 8x10 Storage Shed. This home is completely furnished and ready to be moved into.

A title commitment has been ordered and will be available, at their request, to prospective buyers for inspection prior to sale day. The above may or may not be the proper legal description; it was taken from the Richland County Tax Receipts.

TAXES: Taxes will be pro-rated from the day of closing.

TITLE INSURANCE: Standard owner's title insurance will be provided by the seller through Security Abstract Title Company, 106 2nd Street SE, Sidney, MT 59270 (406)433-1010

TERMS: Cash. 15% down sale day, the balance due at closing approximately 30 days from sale date at the office of Security Abstract Title Company, 106 2nd Street SE, Sidney, MT 59270 (406) 433-1010

Your bid is considered acceptance of the terms of this auction. If you, the Buyer fail to close, the down payment is non-refundable. If the Sellers fail to close, 100% of the down payment will be returned. At this time, there is no known reason that the Sellers would not be able to close. All funds are held in the escrow account of Security Abstract Title Company, 106 2nd Street SE, Sidney, MT 59270 (406)433-1010

All information is from sources deemed reliable, but is not guaranteed by the Seller or the Auctioneers. Offering is subject to error, omission, and approval of purchase by owner. We urge independent verification of each and every item submitted to the satisfaction of any prospective buyer. It is every potential bidder/purchaser's sole responsibility to accomplish his or her due diligence in whatever manner he or she deems advisable. Announcements made sale day take precedence over any printed materials. The property sell "As is-Where is."

R-K Statewide Auction Service and its auctioneers are acting solely as auctioneers for the Sellers.

FOR MORE INFORMATION CONTACT:
 R-K Auction Company www.r-kauction.com
 Rick Kniepkamp (406)485-2548 or (406)939-1632 cell

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- MTD Riding Lawn Mower
- Lawn Mower
- Snow Blower
- Leaf Blower
- Hedge Trimmer
- Rakes, Shovels, Hoes
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- Flower Fence
- Gas Cans
- Electric Cords
- Work Bench
- Tool Box
- Various Tools
- Sander
- Skil Saw
- Project Pro 10" Table Saw
- Saws & Jig Saw
- Dremel Tool
- B&D 18 volt Drill w/charger & (2) batteries
- Dewalt Bench Grinder
- 3' Level
- Shop Vac
- Extension Ladder
- Dolly
- Barnhouse Heater
- Cans of Bolts, Nuts, Nails
- Small Chest Freezer
- Antique Sewing Machine Cabinet
- Coolers, Canning Jars
- 18 quart Roaster Oven
- Misc Christmas Items
- Computer Desk & Computer
- (2) Tri-pods
- (2) 35 mill Lenses
- Some Misc Household Items



AUCTIONEER'S NOTE:
 Joe and Rosie have decided to move and liquidate their Real Estate, car and a few miscellaneous items. They have put a lot of work into the landscaping which has made this a very desirable piece of property. The steel building is only 3 years old. If you are looking for a home that is ready to be moved into and a beautiful yard, this is for you! We hope to see you on October 2nd for the Open House and October 15th for the Auction!
 Rick

All information is from sources deemed reliable, but is not guaranteed by the Seller or the Auctioneers. Offering is subject to error, omission, and approval of purchase by owner. We urge independent verification of each and every item submitted to the satisfaction of any prospective buyer. It is every potential bidder/purchaser's sole responsibility to accomplish his or her due diligence in whatever manner he or she deems advisable. Announcements made sale day take precedence over any printed materials. The property sells "As is-Where is." R-K Statewide Auction Service and its auctioneers are acting solely as auctioneers for the seller.

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Old antique spinning wheel w/wood dowels, exc. cond., \$800. Old antique cream separator, exc. cond., \$250. Call & I will send photos, 406-939-1040.

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'03 Cedar Creek 5th wheel. Model 30RLBS. 2 slides, 750 watt solar panel, ducted a/c,

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Land For Sale

640 acres of pasture land. Smith Creek runs through the property & water rights to Smith Creek. There is a water well & electricity on the property. Very nice grazing property, approx. 17 mi. out on Hwy. 261. (Wibaux highway). Township 19, range 59 east Sec. 28. Call Steve at 406-482-3153 or 406-489-3366.

FOR SALE
'81 Dodge, 15 pass. wagon, runs good, \$1,000. Watford City. 701-570-2663.

WANTED TO BUY
Fresh home grown vegetables for Betania. Contact Russ Wells, 406-489-7431.

FOR SALE
'10 Toyota Highlander LMT, heated leather seats, sunroof, 13k mi., beautiful car, we just need more room. Will sell under book. 406-488-4073 or 406-480-5371.

NOTICES

DAKOTA GAL ENTERPRISES
Two adult dates will be sold at public auction! Saturday Oct., 1 at 11 a.m., Main Street, Richey. Too much fun & education there. Colonel RaeDeen - Tri-lingual. 406-480-0403.

WANTED

WANTED TO BUY
14' or 16' for 8830 swather header. 406-786-3307 or 406-786-7543.

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485 acres +/- (May be subject to survey)

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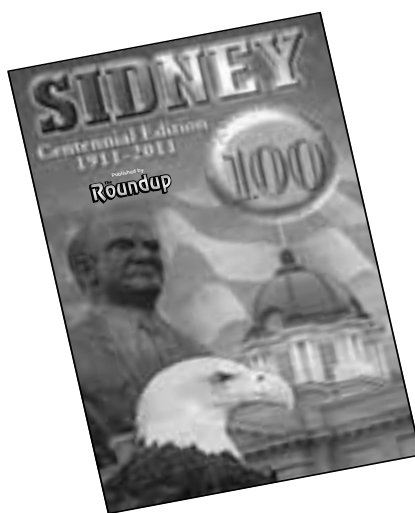
For additional information or to apply online, please visit our website at:

www.sidneyhealth.org

- or contact -

Marilyn Olson
216 14th Ave SW • Sidney, MT 59270
Phone: (406) 488-2571
mjolson@sidneyhealth.org

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Lunch Menus

Richey Schools

Wed., Sept. 28: Super Salad Bar
Thurs., Sept. 29: Cheeseburger casseroles, peas, bread.

Fri., Sept. 30: Pizza & Salad Bar
Mon., Oct. 3: Taco Hot Pockets, lettuce salad, mixed veggies, oranges.

Tues., Oct. 4: BBQ pork dippers, roasted potatoes, broccoli medley, applesauce.

Sidney Public School

Wed., Sept. 28: Chicken fried steaks, mashed/gravy, green beans, peaches, cheesy biscuits.

Thurs., Sept. 29: Beefaroni, buttery corn, applesauce, dinner roll.
Fri., Sept. 30: Homemade pizza, veggie, pineapple tidbits.

Rau School

Wed., Sept. 28: Beef stroganoff, green beans, mandarin oranges, rolls.

Thurs., Sept. 29: Burritos, rice, corn, pineapple.

Fri., Sept. 30: Hot ham & cheese sandwich, chips, veggies, Snicker salad.

Mon., Oct. 3: Cook's Choice.
Tues., Oct. 4: Chicken pot pie, cottage cheese, pineapple, rolls.

E. Fairview School

Wed., Sept. 28: Sub sandwich, vegetable soup, popcorn salad, fruit.

Thurs., Sept. 29: Hamburger stroganoff, buttered noodles, peas, peaches, bun.

Fri., Sept. 30: Chicken fajitas, rice, lettuce salad, oranges, bun.

Mon., Oct. 3: BBQ pulled pork/bun, mac & cheese, lettuce salad, green beans.

Tues., Oct. 4: Bookmobile, Pride of Dakota Day.

Fairview School

Wed., Sept. 28: Pizza hot dish, tossed salad, fruit, bun.

Thurs., Sept. 29: Super nachos, rice, fruit, dessert.

Fri., Sept. 30: Chicken burger, potato, corn, fruit.

Mon., Oct. 3: Lasagna, tossed salad, corn, garlic toast.

Tues., Oct. 4: Pork chop sandwich, potato, peas, fruit.

Lambert School

Wed., Sept. 28: Country fried steak, broccoli, mashed potatoes/gravy, buns, mixed fruit.

Thurs., Sept. 29: Pizza burger, chips, carrots/celery, fruit.

Fri., Sept. 30: Roast beef, mashed potatoes/gravy, corn, buns, milk, cream puff dessert.

Culbertson School

Wed., Sept. 28: Hot turkey sandwich, mashed potatoes, corn, pistachio dessert.

Thurs., Sept. 29: Chicken burgers, French fries, fruit combo.

Fri., Sept. 30: Stew, applesauce, brownie.

Mon., Oct. 3: Chicken Fajitas, mandarin oranges, Rice Krispie bar.
Tues., Oct. 4: Slushburger, peas, pears.

Savage School

Wed., Sept. 28: French dip/bun, gems, corn, fruit cocktail.

Thurs., Sept. 29: Grilled cheese, tomato soup, pineapple.

Fri., Sept. 30: Taco soup, bread sticks, peaches.

Mon., Oct. 3: Chicken strips, French fries, carrots, peaches.

Tues., Oct. 4: Spaghetti w/meat sauce, corn, pears, cottage cheese, breadsticks.

Froid School

Wed., Sept. 28: Roast turkey, mashed potatoes/gravy, buttered peas, perfection salad, buns.

Thurs., Sept. 29: Spanish rice, buttered corn, apple wedges, texas toast.

Fri., Sept. 30: Chili w/crackers, carrot stix, applesauce, elephant tracks.

Mon., Oct. 3: Taco chalupas, lettuce salad, peach cups.

Tues., Oct. 4: Breaded beef patties, relishes, apple wedges, buns.

Bainville School

Wed., Sept. 28: Roast beef, potatoes/brown gravy, green beans, whole wheat bun.

Thurs., Sept. 29: Chicken tetrazzini, broccoli normandy, bread stick, fruit.

Fri., Sept. 30: Hamburgers, whole wheat bun, Smiles, fruit cup.

<p>2011 Silverado 2500 Crew WT Duramax</p>  <p>MSRP \$46,055 \$40,206¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C2920</p>	<p>2011 Silverado 3500 4WD Ex Cab</p>  <p>MSRP \$40,465 \$34,643¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C3135</p>	<p>2011 Avalanche LTZ 4WD</p>  <p>MSRP \$51,330 \$44,254¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C3024</p>
<p>2011 Sierra 3500 4WD Crew WT</p>  <p>MSRP \$48,386 \$45,997¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#G3057</p>	<p>2011 Silverado 1500 4WD Crew Cab</p>  <p>MSRP \$38,300 \$31,423¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C3476</p>	<p>2011 Silverado 2500 Ext. Cab</p>  <p>MSRP \$37,149 \$32,188¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C3641</p>



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<p>2011 Sierra 1500 4WD Ext. Cab</p>  <p>MSRP \$36,245 \$29,321¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#G3265</p>	<p>2011 Tahoe 4WD LT</p>  <p>MSRP \$48,350 \$42,399¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#C3413</p>	<p>2011 Acadia AWD SLT 2</p>  <p>MSRP \$47,885 \$43,334¹ 0% for 60 Months** + \$1,000 Bonus Cash</p> <p>#G3437</p>

* Includes all discounts and rebates. ** Must finance through Ally O.A.C., in lieu of rebates.

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Fellowship Food Pantry

Jordan Hall, Sidney, shot this deer Sept. 20. The deer is being processed for the Fellowship Food Pantry where members of the church donate wild game to the church pantry so that it can be given away all over the county. Currently, they are feeding multiple families each week. Food tends to get low in October because of the beet harvest, which cleaned out the pantry last year. There is no charge for this service and they give to those in need. They are also able to help truckers by providing free parking and free showers to workers. Judah and Reagan Hall, son and daughter of Jordan and Mandy Hall of Sidney, are pictured above.

Make It With Sugar

Love to Bake? Love to Win Prizes? Enter your tastiest concoction in The Roundup's Make It With Sugar Contest on Friday, October 21 at Reynold's Market in Sidney. Categories this year include Cakes, Cookies, Pies, Candy, "Other" and Breads and Rolls. The basic requirement is that the recipe contain at least 1/2 cup of sugar. The prizes are always great, thanks to our generous Sidney merchants. The People's Choice winner receives a \$100 Reynold's gift card and everyone receives a bag of sugar just for entering.

Come To The Movies!

Tues. - Thurs., Sept. 28-30
Mr. Popper's Penguins @ 7:30 p.m.

Fri., Sept. 30-Thurs., Oct. 6
Crazy Stupid Love @ 7:30 p.m. & Sat. Matinee @ 1 p.m.

Adults: \$6
Students: \$5
Matinee \$4

Centre Theatre
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Sugar Beet Decorating Contest

In Conjunction with Harvest Days 2011



Age Groups

- 10-12 years
- 6-9 years
- 5 & Under

PRIZES

1st, 2nd & 3rd in each age group
First Prize \$20 Powder Keg Gift Certificate

Drop off your decorated beet at The Powder Keg by Tuesday Evening, October 11

Prizes will be awarded & pictures taken at 3:30 p.m. on Wednesday, Oct. 12th at the Powder Keg.

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